



[Test]: 20250109_AMM_CHAL_Email_Challenge_Q2 - A new team challenge is coming!

From Virgin Pulse <personifyhealth@mail.personifyhealth.com>
Date Fri 12/27/2024 2:34 PM
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Get ready for your next team challenge!

Aetna Get Active – Productivity Power Up Challenge starts on April 28.

Do you sometimes have trouble focusing during work? Or find yourself cranking out long hours? Work productivity is important, and not just because it helps your workplace. It also generally corresponds to your mental wellbeing. In this challenge, rack up steps while learning tips on how to improve and feel better about how you work. Ready? It's time to power up your productivity!

The **Productivity Power Up Challenge** runs from April 28 to June 8. Come team up with colleagues as you tour diverse backgrounds. Registration is now open!

What is it?

The Aetna Get Active – **Productivity Power Up Challenge** is a simple, friendly competition that you can take on as a team (limited to 10 team members) and track your steps over the course of 6 weeks.

Remember, you can use the Personify Health mobile app to join a challenge, chat with others and monitor your progress!

Challenge registration opens: April 14, 2025
Challenge starts: April 28, 2025
Challenge ends: June 8, 2025

Enroll Now

We're here for you.

If you have questions, just reach out to the Aetna Get Active Participant Support Team at aetnagetactive@personifyhealth.com.

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